



## ***Five-Element Constitutional Diagnosis***

**Lonny Jarrett, LicAc**

*Saturday & Sunday, March 29 – 30*

*9:00 am – 5:00 pm*

*\$250 before March 15 (\$300 after)*

*Students: \$200*

*14 CAEUs*

The author of the *Shen Nong Ben Cao*, China's oldest herbal text, stated that the highest type of medicine helped humans fulfill their destiny, the middle type helped them nourish original nature, and the lowest type treated physical illness. Today, treating people for the nourishment of original nature and the fulfillment of destiny represents an important inner tradition which has been all but lost in the modern practice of Traditional Chinese Medicine.

The intention of this seminar is to give the student a core grounding in this inner tradition. Constitutional diagnosis will be examined as an organizing framework that yields deep insights into each patient's destiny and path of healing. The imagery contained in the acupuncture point names will be discussed as it relates to the point's inner functions. We will cover the functional dynamics of the –sheng and ke cycles to understand Chinese medicine as a fully holistic/integral science. Participation in this class is suitable for practitioners from any tradition and level of training who wish to deepen their perspective on their art.

Topics include:

- Chinese medicine as a science of conscious awareness.
- Destiny and Constitutional Type.
- The Relationship between Chinese Cosmology and Physiology.
- Inner Functions of Acupuncture Points, Herbal formulas, and Point Combinations.
- The Suggestive Process in Therapy.
- Diagnosis by Color, Sound, Odor and Emotion.
- The Relationship between the Five-Elements and Eight-Principles.
- Practical exercises in diagnosis.

Objectives:

- To give students the highest perspective on the practice of CM in the 21<sup>st</sup> century.
- To create an understanding of the spiritual practice of Chinese medicine.

- To teach a deep perspective on constitutional medicine.
- To seamlessly integrate the 5 Element and 8 Principle approach.
- To give a deep understanding of acupoint function.

**Lonny Jarrett, LicAc**, has been active in the field of Chinese medicine since 1980. He is a Fellow of the National Academy of Acupuncture and Oriental Medicine and a founding board member of the Acupuncture Society of Massachusetts. He teaches and publishes widely on the inner tradition of Chinese medicine and Chinese pulse diagnosis. He is the author of "Nourishing Destiny: The Inner Tradition of Chinese Medicine" and "The Clinical Practice of Chinese Medicine". His Articles and texts are available on the WEB at [www.spiritpathpress.com](http://www.spiritpathpress.com).